

What support can you get?

You may get help with:



Help with
housing/relocation



Advice and
support



Medical care



Counselling



Legal advice



An interpreter

Remember

- You are not to blame
- Help is available – Talk to someone you trust
- You can ask questions at any time



More information:

www.escb.co.uk/safeguarding-topics/exploitation-risk-in-the-community



SCAN ME

What is the National Referral Mechanism?

Understanding
exploitation
and your rights

The National Referral Mechanism (NRM) is a way to help people who have been:

Controlled

Hurt

Exploited

It helps make sure you are listened to, believed and supported.



If you are 18 or over, you must say yes (consent) first



If you are under 18, a referral can be made without asking you

What happens in the NRM?

1

A referral is sent

2

The Home Office looks at the information

3

They decide:

“Is there a good reason to think this person was exploited?”
(Reasonable Grounds)

Then:

“Do we believe it happened?”
(Conclusive Grounds)



What is exploitation?

Exploitation is when someone:

- Has power over you
- Pressures or tricks you
- Gains something from you

It is not your fault

Examples of exploitation:

- Someone makes you sell drugs, but they keep the money
- Someone pretends to love you, but they hurt or abuse you
- Someone controls or forces you to do things



Section 45 Defence (Legal protection)

This can help if you:

- Did something illegal
- But only because you were forced or controlled

► Example:

- Selling drugs because someone made you

A solicitor (lawyer) should help you with this and you do not have to tell them names of those who controlled you

If no one helps, tell:

- Risk in the Community team
- Or a trusted adult