

Risk in the Community (RIC) chat

Information for young people

What is a RIC chat?

A RIC Chat is a chance for you to have a chat.

- With someone who is not your allocated worker
- About how things are
- How safe you feel when you go out or when you spend time with friends
- Places that you might feel safe or unsafe to be, and why that is. Space to think about how things can be better for you.

We can meet wherever you are comfortable, or we can come to your home. You don't have to have a chat if you don't want one, but we want to hear your story.

Who will I speak to?

Risk in the Community Practitioners are from the Involvement Team and are independent from your social care team.



Contact details

Daniel Lasséy (Mid) 07809314380
Suzie Hampton (South) 07584909469
Sam Perryman (North) 07740900641
Laura White (West) 07552 256116
Sarah Street (South and West)
Amy Attridge (Mid and North)

Why should I have a RIC chat?

We talk to lots of young people who may have worries when they are out or may be hurt when they are out, and others who may be asked to do things they do not want to do. We can imagine it can be difficult at times (at home and outside with friends) and that sometimes it can feel like people make choices for you, in both places, that you do not always like or want to do. We want to offer a space to think about how that influences the choices you have and can make. Whatever is happening for you, together we can think about the best way to change things. **We won't judge you or tell you what to do.**

Will the chat be confidential?

Difficult question. When we talk about what happens for you outside home like who you're with, who you trust, who you worry about, you might share things about you or your friends that may suggest someone might get hurt or someone might do things that might hurt others. If we are worried, we may need to share some of the information with your allocated worker to make sure you are safe.

Decisions we make are openly shared, and you will always be told if something you share will be shared with someone else and why.

