

FROM PARTY TO PHARMACY – KETAMINE, MDMA & PHARMACEUTICALS

OUR VISION: 'TO BE THE LEADING HEALTH AND WELLBEING SERVICE IN
THE PROVISION OF MENTAL HEALTH AND COMMUNITY CARE'

OVERVIEW

There have been many changes in patterns of drug use recently. 'Party drugs' such as MDMA have proliferated and diversified, while the purity of MDMA itself has fluctuated.

WHO IS THE SESSION FOR?

This is an in-depth exploration of the properties of these substances and how and why they are used. Building on this knowledge base, participants will be encouraged to consider effective harm-limiting interventions for their clients/residents/customers. This session is appropriate for workers from a wide range of agencies who will or do encounter these substances in the course of their work.

SESSION OBJECTIVES

By the end of the session, participants will:

- Identify a variety of 'party drugs' and understand their mechanism of action and classify their properties, whether stimulating, empathogenic or dissociative
- Understand cultural aspects of stimulant, ketamine and pharmaceutical drug use
- Understand the psychopharmacology of these drugs and the risks and health implications of their use
- Consider interventions that could be used to reduce or limit risk
- Respond to drug users more confidently through increased knowledge and empathy

TIMINGS AND PLATFORM

Sessions run 10:00 – 16:00
Location: Near Boxted, Colchester

DATES AND BOOKING

Thursday 27th March 2025

For more information, or to book please contact epunft.drugandalcoholtraining@nhs.net

WE CARE

WE LEARN

WE EMPOWER