Ideas for Plans and Interventions for RIC

**Exploitation support**

* Consider an **AMBIT** model approach (Adaptive Mentalization Based Integrative Treatment). It is likely that support and interventions may be more effective if delivered by one or two people who YP gets on well with. It is recognised that it can be overwhelming for young people when there are many professionals with different roles and responsibilities. It could be worth considering whether to upskill one professional to be able to complete direct work that contributes to reducing the concerns for the young person. In addition, this worker could introduce another worker who will support the young person in other ways. The young person could be more open to accepting the new workers support based on the advice from the trusted professional that they have a good relationship with
* Consideration for a **Children’s Society C.A.R.E** referral to be completed for you to access support to raise your awareness on exploitation, unhealthy relationships and self-esteem ([County Lines & Child Exploitation | The Children's Society (childrenssociety.org.uk)](https://www.childrenssociety.org.uk/what-we-do/our-work/child-criminal-exploitation-and-county-lines)) Email to refer - supportercare@childrenssociety.org.uk
* To reduce the number of professionals involved supporting a young person, the **Children’s Society** can be contacted for a consultation. The Children’s Society can offer support regarding direct work and interventions that they complete with the young people who they work with. Email to ask for a consultation - supportercare@childrenssociety.org.uk
* The **Children’s Society C.A.R.E** service has a designated Specialist Sexual Violence Counsellor. Similar to CARE, we will work with young people aged 8-24 years old, and those that have experienced sexual violence/trauma because of exploitation, or those that have experienced something historically that is thought to have now made them more vulnerable and at high risk of exploitation through 6-10 sessions. Email to refer - supportercare@childrenssociety.org.uk
* The Children’s Society Inside Out: Intensive Coaching provide intensive coaching support for young people (14–18-year-olds) who have difficulties and have been moved from temporary accommodation more than once in the last twelve months.
* Mentoring services to be explored to promote positive relationships with you whilst supporting you to pursue your interests, positive activities, and education. As well as, to have meaningful interventions regarding exploitation – **Reach Every Generation / Building Lives** [Home | Reach Every Generation](https://reacheverygeneration.co.uk/home/) . To refer email info@reacheverygeneration.com
* **ATF’s (Achieve Thrive and Flourish)** 1:1 Youth Coaching supports at-risk young people to develop practical tools which help to build a rewarding life. <https://www.atfcommunity.com/about-atf> (Basildon)
* Complete a **National Referral Mechanism (NRM)** [National referral mechanism guidance: adult (England and Wales) - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/human-trafficking-victims-referral-and-assessment-forms/guidance-on-the-national-referral-mechanism-for-potential-adult-victims-of-modern-slavery-england-and-wales) Support to complete the NRM and support for after a NRM has been completed can be found from the Independent Child Trafficking Guardians (ICTG) [ICTG service referral form | Barnardo's (barnardos.org.uk)](https://www.barnardos.org.uk/what-we-do/protecting-children/trafficked-children/ICTG-service-referral-form). First Responder NRM training is now available at: <https://policingslavery.co.uk/transforming-our-response/training-delivery/first-responder-training/>
* Consideration for a **National Referral Mechanism (NRM)** if concerns that you are being exploited escalate [National referral mechanism guidance: adult (England and Wales) - GOV.UK (www.gov.uk)](https://www.gov.uk/government/publications/human-trafficking-victims-referral-and-assessment-forms/guidance-on-the-national-referral-mechanism-for-potential-adult-victims-of-modern-slavery-england-and-wales) Support to complete the NRM can be found from the Independent Child Trafficking Guardians (ICTG) [ICTG service referral form | Barnardo's (barnardos.org.uk)](https://www.barnardos.org.uk/what-we-do/protecting-children/trafficked-children/ICTG-service-referral-form), First Responder NRM training is now available at: <https://policingslavery.co.uk/transforming-our-response/training-delivery/first-responder-training/>
* Once young people turn 18 and have a positive reasonable grounds decision as your young person does, they can access support from the **Salvation Army**. They provide support with things like housing until a conclusive grounds decision is made - [**https://www.salvationarmy.org.uk/modern-slavery/new-victim-care-contract**](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.salvationarmy.org.uk%2Fmodern-slavery%2Fnew-victim-care-contract&data=05%7C01%7C%7C8d0b7104d94e4dcfc98408db5b873859%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638204408712243242%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=iV7EQPobr5g0Yb0PQTmW8h3faK2Kpgg8yAWQ%2BC9%2FpBU%3D&reserved=0)
* There are benefits to exploring and supporting you to access local activities and interests that you enjoy. This includes will creating positive opportunities that will promote your self-esteem and will support you to make new positive friendships. Refer to the Active Essex webpage; [Active Essex: Find Your Active Lifestyle](https://www.activeessex.org/) for ideas and contacts
* The **Youth Service** run local groups and activities weekly and in the school holidays. You could be supported to attend these groups and the youth workers in the area could be asked to facilitate this. See the Youth Service webpage for further details; [Essex Youth Service](https://youth.essex.gov.uk/)

**Colchester Changing Lives**– Gym Membership for £3.99 [Changing Lives Community Services](https://www.changinglivescommunityservices.co.uk/)

* Active Essex hold information of local activities and groups that have been vetted and can provide support for young people - [ActivAte your Half-Term - Active Essex](https://www.activeessex.org/children-young-people/essex-activate/half-term/)

Active Essex have Local Delivery Pilots that could benefit you - <https://www.activeessex.org/local-delivery-pilot/delivery/> Active Essex have an Essex Sport and Youth Crime Prevention Project - [Active Essex Foundation | ESSEX SPORT AND YOUTH CRIME PREVENTION…](https://www.activeessexfoundation.org/projects/essex-sport-and-youth-crime-prevention-project)

* Consider a Go Henry/ HyperJar account or alternative bank account to manage your money. This will allow for oversight on where money is spent and give an insight into whether a child is being financially exploited
* Share the details of **Fearless.org** which is a website where anyone can report worries or crimes anonymously. Young people can be hesitant to seek support from the Police but instead you can report their concerns to Fearless who will then share the information with the Police. Alternatively, they can call Crimestoppers anonymously on 0800 555 111
* The **British Transport Police text message line (61016)** and **Railway Guardian mobile application** can be shared with you to use if you feel unsafe whilst travelling using the train. It can also be shared with parents and carers so that they can notify them if their child is using a train line so that they can be located particularly when missing
* **County Lines lesson plans** - [Media - Essex Violence and Vulnerability Unit (essexvvu.co.uk)](https://www.essexvvu.co.uk/media/)
* Remain vigilant of the potential of Child Sexual Exploitation as often the indicators are the same as indicators that suggest Child Criminal Exploitation
* Make use of the thinking tool - [Children and Families Thinking Tool: Risk in the Community (essex.gov.uk)](https://esca.essex.gov.uk/children-families/resources/thinking-tools/children-and-families-thinking-tool-risk-in-the-community/)
* **ReRoute** - This project works with young people who have been arrested on possession of carrying a knife but who are waiting to be charged to court. Works with 17- to 25-year-olds. [Our new project: ReRoute (June 2022) - Essex Violence and Vulnerability Unit (essexvvu.co.uk)](https://www.essexvvu.co.uk/case-studies/our-new-project-reroute-july-2022/)
* The **NSPCC** has a **Report Remove online tool** that can remove indecent images from online that may have been uploaded. This will only work in finding the original image oppose to being able to find and remove screenshotted images. [Report Remove | NSPCC](https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-reporting/report-remove/)
* **ThinkUKnow** is a website for designed for young people to access support around areas like healthy relationships, online safety, socialising online and topics like sending indecent images. There is also support for parents / carers through information and advice around online safety and how to report concerns. There are resources for professionals to use as direct work with young people regarding online safety - [CEOP Education (thinkuknow.co.uk)](https://www.thinkuknow.co.uk/)
* Support and resources to use with young people where there are worries that they carry a knife - <https://www.noknivesbetterlives.com/>Visit [www.essexvvu.co.uk/knives](http://www.essexvvu.co.uk/knives)
* The Mix is the UK’s leading support service for young people up to the age of 25. They support children to take on any challenges they are facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs. Talk to them via their online community, on social, through their free, confidential helpline or their counselling service - <https://www.themix.org.uk/>
* **21UP Movement** is a youth intervention program / youth empowerment organisation in Brentwood that specialises in empowering young people to achieve more - <https://www.21upmovement.com/>
* **Operation MakeSafe** has a useful YouTube video created by the Police that can be used with young people and parents/ carers that shows how sexual and criminal exploitation can take place, what are the indicators that could suggest that a young person is being exploited and helps parents/ carers to better understand changes in a young person’s behaviour when they are being exploited - [Operation Makesafe: Raising community awareness of child exploitation - YouTube](https://www.youtube.com/watch?v=7Izq9SosOGE)
* The Children’s Society Safe in Essex supports young people who are engaging in low-level risky behaviour and haven't been involved in government services. They can help with managing emotions, healthy relationships, online safety and more - [Safe in Essex | The Children's Society (childrenssociety.org.uk)](https://www.childrenssociety.org.uk/information/young-people/east/safe-in-essex)
* **Migrant Help** are another organisation that can provide support and advice around asylum, trafficking and may be able to give further advice around accommodation support. If the young person has an active asylum claim, they should also be able to apply for Section 95 support (accommodation and subsistence), or Section 98 support (emergency accommodation if the person has become homeless) - <https://www.migranthelpuk.org/> **Asylum toolkit** provides some further information on support available to asylum seekers and can be translated using google - <https://righttoremain.org.uk/toolkit/asylum-support/>
* **Lads Need Dads** – offer mentoring and activities for boys growing up without a male role model, volunteers provide a chance for boys to explore their emotions and build resilience within a caring and positive male environment; <https://ladsneeddads.org/>
* **Daddlyless Daughters -** [Podcast in Partnership with Solace Womens Aid presents “DIRTY WATER” the new YouTube series exploring criminal exploitation for girls - <https://www.daddylessdaughters.co.uk/>](https://www.daddylessdaughters.co.uk/)
* **Wilderness Project -** uses the outdoors, nature and wilderness experiences to bring about measurable, positive change and improved mental health within disadvantaged and vulnerable young people and adults, enabling them to lead a healthy and active life and improve their personal sustainability, independence, belonging, self-esteem and resilience - <https://wildernessfoundation.org.uk/>
* Army Cadets - <https://armycadets.com/volunteer-with-us/benefits-of-volunteering/>

**Emotional wellbeing**

* Online mental health support and resources for young people - <https://www.youngminds.org.uk/>
* Online mental health support and resources for professionals to use with young people. From example, how to manage emotions, reduce self-harm and ways of managing anxiety - <https://www.youngminds.org.uk/professional/resources/>
* **Shout 85258** is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. They are there for people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support - <https://giveusashout.org/>
* **Togetherall** is a safe, online community where people support each other anonymously to improve mental health and wellbeing and offers a range of support online for 16 to 18 years old - [Togetherall](https://togetherall.com/en-gb/)
* Both Childline and the Samaritans have free phone lines that you can call at any time day or night. You can talk to them about anything, no problem is too big or small. You can also contact them both via their websites which have lots of advice. Childline: 0800 1111 / [www.childline.org.uk](http://www.childline.org.uk) Samaritans: 116123 / [www.samaritans.org](http://www.samaritans.org)
* **Kooth** is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use - [www.kooth.com](http://www.kooth.com)
* **MiLife** is a great online website built by young people for young people. It has a host of useful information and links to other organisations that work with young people to make them feel better - [www.milife.org.uk](http://www.milife.org.uk)
* Referral to **CARA/ Synergy** for support for YP regarding experiences of sexual assault

* [Live Chat](https://rapecrisis.org.uk/get-help/live-chat-helpline/) - The Live Chat Helpline is for women and girls aged 16 and over, who live in England, whose lives have been affected by sexual violence. The Live Chat Helpline is not available for men and boys, or children under 16.
* **24/7 Rape & Sexual Abuse Support Line** - Call free on 0808 500 2222 or go to the website to start a free online chat. [Rape Crisis Website](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Frapecrisis.org.uk%2Fget-help%2F%23%3A~%3Atext%3DYou%2520can%2520contact%2520our%252024%2Cstart%2520a%2520free%2520online%2520chat&data=05%7C01%7C%7C059cd670100642ff959708dadc58eff2%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638064571797683120%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=B3q6UH2Sa4Kg7M%2FGXjsfTda2VN4sHJBVszZ%2BjfDRK18%3D&reserved=0).
* The **school nurse** could be contacted to explore whether they can offer support to you regarding your self-esteem
* The **school nurse** could be contacted to explore whether they can offer support to you with your emotional regulation and teach you strategies to help you to better manage your emotions independently
* Support for young people who are attending court - <https://www.victimsupport.org.uk/you-co/going-to-court/>

**Drug use**

* Support in understanding drugs like what they are and the impact that they can have. Young people can also seek support around their drug use - <https://www.talktofrank.com/>
* Useful tips on how to manage peer pressure around using drugs- <https://www.talktofrank.com/get-help/dealing-with-peer-pressure>
* Consideration for an EYPDAS referral, if and when, YP expresses that they would like to address their Cannabis use [Essex Young People's Drug and Alcohol Service | The Children's Society (childrenssociety.org.uk)](https://www.childrenssociety.org.uk/information/young-people/east/EYPDAS)
* Consider contacting EYPDAS for a consultation regarding strategies to share with you to support you to reduce your Cannabis use when you feel ready for this support [Essex Young People's Drug and Alcohol Service | The Children's Society (childrenssociety.org.uk)](https://www.childrenssociety.org.uk/information/young-people/east/EYPDAS) Contact: choices.referrals@childrenssociety.org.uk / ⁠01245 493311
* The Children’s Society Community Hidden Harm Awareness Team (CHHAT) works with young people aged 8-19 years old across Essex who live with parents with drug or alcohol addiction - [Community Hidden Harm Awareness Team | The Children's Society (childrenssociety.org.uk)](https://www.childrenssociety.org.uk/information/young-people/east/CHHAT)

**Vapes**

* Advice and guidance around vaping including how to quit, where to get help and how to resist peer pressure to vape - [Vaping | Childline](https://www.childline.org.uk/info-advice/you-your-body/drugs-alcohol-smoking/vaping/)
* Vaping and e-cigarettes: the facts for parents and carers - <https://smokefreesheffield.org/app/uploads/2023/02/11435-SFS-%E2%80%93-A5-4pp-vaping-Parent-and-carers-2.2s.pdf>
* [Vapes | FRANK (talktofrank.com)](https://www.talktofrank.com/drug/vapes)

**Knife Harm**

* Support and resources to use with young people where there are worries that they carry a knife - <https://www.noknivesbetterlives.com/>
* **Violence and Vulnerability Unit’s Knife harm campaign -** The campaign wants to support parents/ carers to have difficult conversations with their children around the issue of knife harm. Four short films using lived experience of young people who have been arrested for possession of a knife have been created and can be found on the website. Visit [www.essexvvu.co.uk/knives](http://www.essexvvu.co.uk/knives)

**Sexual Health**

* The **Terrence Higgins Trust** can be contacted for sexual health support including advice, counselling, testing kits and free condoms [Home | Terrence Higgins Trust (tht.org.uk)](https://www.tht.org.uk/)
* **Terrance Higgins Trust 1:1 Education and Early Intervention programme** is intended to support young people with vulnerabilities, or who may be at risk from harm or sexual ill health in the Essex (please see below for full assessment criteria). We currently work with young people aged 13-24, who live in, or attend education establishments within the Essex area. Unfortunately, we cannot work with young people who are the subject of, or are involved in a current police investigation, or who are currently working with another support agency/programme such as CAMHS or YPDA service
* <https://essexsexualhealthservice.org.uk/>- <https://essexsexualhealthservice.org.uk/>
* Support for young people who may be pregnant and/ or considering having a termination - <https://essexsexualhealthservice.org.uk/pregnancy/>
* Information regarding contraception pills and other contraceptives - <https://essexsexualhealthservice.org.uk/what-is-the-contraceptive-pill-and-how-do-i-access-it/>
* Information regarding STI’s - <https://essexsexualhealthservice.org.uk/sti-hiv/>
* There is a phone application by Essex Sexual Health Service called the Personal Health Record (PHR) online portal which makes it easy for anyone in Essex to access the sexual health services they need - <https://essexsexualhealthservice.org.uk/online-portal/>

**Sexual Identity**

* The Outhouse is a charity who develop and promote a sustainable, fair and equal society where all lesbian, gay, bisexual and transgender people can achieve their full potential. This is achieved through a vast programme of services, including counselling, social events and support groups, we are committed to helping all members of our wonderful LGBTQ+ community [- The OutHouse](https://theouthouse.org.uk/)
* **Stonewall Youth** - Supporting and empowering young lesbian, gay, bi and trans people to live their lives free from discrimination and fulfil their potential - [Stonewall](https://www.stonewall.org.uk/)

**Harmful Sexual Behaviour Support**

* The Lucy Faithfull Foundation is the only UK-wide child protection charity dedicated solely to preventing child sexual abuse - [The Lucy Faithfull Foundation | Preventing Child Sex Abuse](https://www.lucyfaithfull.org.uk/)
* Our confidential helpline, live chat and secure email are here for anyone with concerns about child sexual abuse prevention - [Stop It Now! UK and Ireland | Preventing child sexual abuse](https://www.stopitnow.org.uk/)
* Support can be sought from Barnardos Harmful Sexual Behaviour service - [Harmful Sexual Behaviour - Barnardo's Beacon (barnardosbeacon.org.uk)](https://www.barnardosbeacon.org.uk/harmful-sexual-behaviour#:~:text=As%20a%20service%20we%20do,advice%2C%20resources%2C%20and%20signposting.)
* Shore is a website for teenagers who are worried about their sexual behaviour, it provides a live chat function plus lots of resources and tools to help them explore issues around this topic; <https://shorespace.org.uk/>

**Missing**

* **Missing Prevention Plan** to be completed to ensure that safeguarding takes place when you are out of the home as the Police will be aware that they are missing and will search for them. In addition, this will set a boundary to you and act as a deterrent to exploiters as they will be aware that the Police are searching for you
* Should a **Planning for Missing form** be completed based on the concerns with all the information where you frequent and who you tend to spend time with to aid the Police in locating them when missing. This is to be sent to the local Missing Person’s Liaison Officer
* Make you aware of **Missing People charity** who have a helpline for young people to call whilst thinking of or whilst missing and they offer support for parents/ carers of children who go missing – 116000 - [Home - Missing People](https://www.missingpeople.org.uk/)
* **Missing People SafeCall** is a free, confidential and anonymous helpline and support service for young people and family members that are affected by missing, county lines and criminal exploitation. The service also provides confidential support and advice for professionals in relation to their work with an exploited young person or family. The service is open 9am to 11pm; 7 days a week. Call or text 116000
* Share the **Missing from Care Memorandum of Understanding (MOU)** with your placement to ensure that you are reported as missing
* Young people can be asked to install the Life360 phone application which allows people to see the young person’s live location so that they know where they are - <https://www.life360.com/intl/>
* Inform the young person and their family/ carers of the **Missing Chat service** who provide independent conversations to discuss recent missing episodes. They can also offer additional support where appropriate to support the young person in areas that influence there missing to try to reduce the frequency of their missing episodes

**Radicalisation**

* Support to prevent radicalisation and extremism - <https://actearly.uk/>
* The **NSPCC**[**radicalisation helpline**](https://www.nspcc.org.uk/fighting-for-childhood/news-opinion/protecting-children-from-radicalisation/) supports adults who have concerns about children and young people being radicalised or who need advice on how to talk to their children about issues related to terrorism. Telephone: 0808 800 5000
* Prevent duty training: Learn how to support people vulnerable to radicalisation (E-Learning) - <https://www.support-people-vulnerable-to-radicalisation.service.gov.uk/prevent-duty-training-learn-how-support-people-vulnerable-radicalisation>
* Links to many organisations and services aimed at radicalisation and contact details for the Prevent Champions in Essex Social Care - <https://www.escb.co.uk/working-with-children/radicalisation/>

**Domestic Abuse**

* **SETDAB Domestic Abuse e-Learning Opportunities -** [Domestic Abuse Basic Awareness](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnews.news.essex.gov.uk%2F78D927623B881E4C0C84D69BAFFB67080842262F89757F1C46BC81948937FDDD%2FE218F341549AEA00229AB3C907C48D19%2FLE35&data=05%7C01%7C%7C42f6d79dc1e34f163c5a08db84875daf%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638249489143214392%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=cfMGa7ygOaz36IoKRXMiz%2BVMwWFrK1x5hwMHMT0FBAw%3D&reserved=0), [LGBTQ+ Community and Domestic Abuse Awareness](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnews.news.essex.gov.uk%2FB77CA1032F50D9E7B326B5218606C28C919E0FB4D3613E29EDDCB22CEA3C8FB2%2FE218F341549AEA00229AB3C907C48D19%2FLE35&data=05%7C01%7C%7C42f6d79dc1e34f163c5a08db84875daf%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638249489143214392%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=2FiqiRJqBWOimadbBRQtRpknCEPv62%2BIXGphYZupoAw%3D&reserved=0), [Multi Agency Risk Assessment Conference (MARAC) Awareness](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnews.news.essex.gov.uk%2FAA7CD4BAF9A48E9282DE29EA77C524920C4A871A76A7256C66FCA7B0BB8F4A4B%2FE218F341549AEA00229AB3C907C48D19%2FLE35&data=05%7C01%7C%7C42f6d79dc1e34f163c5a08db84875daf%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638249489143214392%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=nTn9EETHnCwPAHFk%2BgUljJ8l1Z%2FDeYMb77%2FY1J6xmr8%3D&reserved=0), [Domestic Abuse and Substance Misuse](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnews.news.essex.gov.uk%2FD5BC55A2D3C4E0993F1316932B1FE3DA6BE297F60DDB94F446F2582D255D5B5C%2FE218F341549AEA00229AB3C907C48D19%2FLE35&data=05%7C01%7C%7C42f6d79dc1e34f163c5a08db84875daf%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638249489143214392%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PW2%2F0iNQ0X0gV%2BHGC%2Bo836Cis02QMBBoX9pdfR%2FCLzs%3D&reserved=0) & [Domestic Abuse & Older People E Learning](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fnews.news.essex.gov.uk%2F632B2E78517802555B75F67F4E23561613732A06C908D04F6DCB15C86AC2D941%2FE218F341549AEA00229AB3C907C48D19%2FLE35&data=05%7C01%7C%7C42f6d79dc1e34f163c5a08db84875daf%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638249489143370625%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=QzupXP74iwjd2ab0PoXIf%2FCcFzxn7NLxLL4nDXQu5Jk%3D&reserved=0)

**Direct work Resources**

* Direct work has been shared relating to healthy relationships and consent that can be used with you to help your understanding of what a healthy relationship is
* One-to-one peer group mapping has been shared to use with you to explore your current peer relationships, such as who are your friends, what is your role within your peer group, what influence do you have and do others have on you and to create safety plans
* The SMART Mapping Social Media and Reflection Tool can be used to better understand how you use online has been shared. This can be used to understand the online platforms that you use, why they are important to you, to explore the risks to using online and to create a safety plan should something go wrong when online
* Direct work has been shared to complete with you and your family to promote your relationships with each other. This includes supporting you both to think about the positive things that you see in each other that you may not necessarily share with each other
* The Cycle of Anxiety direct work has been shared to support you to change behaviours that you would like to change. The tool is helpful in supporting you to think of new and positive ways to overcome challenges that you experience that can impact on your everyday functioning
* Direct work has been shared to support you to reduce your drug and/ or alcohol use. This includes tools that use the cycle of change and that help you to identity triggers to create plans to avoid or overcome these triggers
* Direct work has been shared to complete with you and your family to promote your relationships with each other. This includes supporting you both to think about the positive things that you see in each other that you may not necessarily share with each other
* **County Lines lesson plans** - [Media - Essex Violence and Vulnerability Unit (essexvvu.co.uk)](https://www.essexvvu.co.uk/media/)
* Strength cards were shared to use as part of self-esteem direct work to encourage you to recognise the positive traits and attributes that you possess

**Parental support**

* Support can be sought from Ivison Trust who can provide emotional and practical support for parents/ carers who will also be impacted by their child being exploited – <https://ivisontrust.org.uk/>
* **Unseen uk modern slavery & exploitation helpline 08000 121 700**
* The **Essex Safeguarding Children’s Board** website has lots of information regarding exploitation including documents, videos and podcasts. There are also regular free training/ webinars that they can access [Home (escb.co.uk)](https://www.escb.co.uk/)
* Information will be shared to support YP’s parents when they contact the Police to report them as missing
* A conversation to take place with parents expressing the importance of reporting the young person as missing as their ability to safeguard young person whilst they are in the community is limited. In addition, emphasising that by reporting young person missing this will increase the likeliness of gaining an understanding of their situation like who they are spending time with and where they spend time
* Direct work with parents using Non-Violent Resistance (NVR) techniques could improve the communication between you and your parents. In addition, will support your parents in feeling more in control and that their boundaries will be adhered to
* Share Resources for young people and parents whose child goes missing document and how to report YP missing document
* Creating a safety plan with the family and YP could be of benefit in highlighting what we are worried about and supporting the family in understanding their role and what they can do to reduce the risks for their child. Involving YP will support their understanding of the boundaries set along with the consequences should they not adhere to the set boundaries
* Support for parents when they can often have negative interactions with their child which can lead to verbal and physical altercations with their child - [https://www.pegsupport.co.uk/how-pegs-help /](https://www.pegsupport.co.uk/how-pegs-help%20/) [www.thenextchapter.org.uk](http://www.thenextchapter.org.uk) (Child and Adolescent to Parent Violence and Abuse)
* Essex Police have a Sort your settings campaign that provides support to parents on how to ensure that their child’s devices settings are appropriate to reduce the risk of them experiencing negative situations whilst online - [Sort your settings | Essex Police](https://www.essex.police.uk/police-forces/essex-police/areas/essex-police/au/about-us/sort-your-settings/)
* Consider completing a referral for EMBRACE by police who work with children and younger people who have been involved in criminal activities – they are wanting to have telephone conversations with YP and offer emotional support - [Children's Charity, Supporting Child Victims of Crime | Embrace CVoC](https://embracecvoc.org.uk/)
* Posters regarding exploitation and missing for families and professionals- <https://www.catch-22.org.uk/spot-the-signs-poster-hub/>
* A video to help parents/ carers to recognise the signs of exploitation and the impact that this can have on a child - <https://paceuk.info/for-parents/film-knowing-the-signs/>
* CSE Basic Awareness E-Learning for Professionals, Parents and Carers - Parents Against Child Sexual Exploitation (Pace) and the Safeguarding Children e-Academy have teamed up to provide this short (20-30mins) online course designed for parents, carers, and professionals. Register for this free online course - [CSE Basic Awareness (escb.co.uk)](https://www.escb.co.uk/learning-and-development/child-exploitation-training/cse-basic-awareness/)

**Disruption Techniques**

* NWG Disruption Toolkit - [NWG-Disruption-Toolkit-3.pdf](file:///C%3A%5CUsers%5Cdaniel.lassey2%5CAppData%5CLocal%5CMicrosoft%5CWindows%5CINetCache%5CContent.Outlook%5C1VU83292%5CNWG-Disruption-Toolkit-3.pdf)
* Contact the **Child and Young Persons Officers** regarding known associates you have as they may be able to share information and any concerns that the Police hold for these young people that could give insight into your situation
* Use the Police Partner Intelligence form to share information with the Police that you have received from a young person or their family/ carers
* Share website link to for how young people and parents/ carers can share information with the when they see or hear something that doesn’t seem right or causes concern that does not necessarily have to be a crime but could suggest criminality - <https://www.essex.police.uk/police-forces/essex-police/areas/essex-police/au/about-us/intelligence/>
* Contact Child and Young Persons Officer if the names of adults who you spend time with become known to explore whether there is Police intelligence to suggest that the adults are a risk. The Police can then consider disruption techniques like a **Child Abduction Warning Notice (CAWN)**
* Explore disruption techniques like the use of a **BUDDI tag**. You could be informed of the BUDDI tag which is a tag that young people consent to that shares their location to the Police, but this is only tracked when they are reported as missing. This would act as a deterrent to people trying to exploit you. Your awareness of the tag could be helpful in supporting you to ask for this in the future which would indicate that you recognise that you are being exploited and that you want support without you needing to overtly say what is happening
* Contact the Child and Young Person’s Officer to seek an **Acceptable Behaviour Contract (ABC) / Acceptable Behaviour Agreement (ABA**). This is a voluntary written agreement which is signed by an individual committing anti-social behaviour.  In signing the contract, the individual is agreeing to abide by the terms specified and to work with the relevant support agencies. For more information: [Acceptable Behaviour Contract (ABC) - ASB HELP](https://asbhelp.co.uk/home-practitioners/acceptable-behaviour-contract/)
* Contact the Child and Young Person’s Officer to seek a **Community Protection Notice (CPN)**. These are designed to stop a person aged 16 or over, business or organisation committing antisocial behaviour (ASB) which spoils the community's quality of life. The notice can include curfews, restricting the young person from being in certain areas in the community and restrictions on you they can spend time with in the community. For more information: [Community Protection Notice - Anti Social Behaviour Act 2014 (asbhelp.co.uk)](https://asbhelp.co.uk/non-legal-and-legal-tools-and-powers/community-protection-notices/)
* If specific areas that you frequent are known, consider contacting the **Community Safety Partnership** to explore what is known about the areas, such as what activities have been known to take place or what suspicions are there for them areas. Also, if there are concerns regarding a place in the community, such as selling alcohol to children or other inappropriate behaviour taking place at an establishment/ location in the community
* Cuckooing – Prepare, Prevent, Protect team – Essex Police
* Contact **CEOP** to report online sexual abuse or the way someone has been communicating with you online - [CEOP Safety Centre](https://www.ceop.police.uk/Safety-Centre/)
* Contact the **Fraud Triage Team and Financial Intelligence Unit Essex Police** for support when you are concerned that a young person is being exploited online in exchange for money and can help to identify possible exploiters paying into bank accounts

**Education**

* Contact the **Education Access team** a child is not attending school to explore support for them to attend education or alternative options to ensure they are involved in a form of education or training
* Contact the **Education Safeguarding team** if there are concerns that a young person could be at further risk in the community due to the school provision that a young person is being offered. For example, where a school knows that a young person is at risk in the community but is not offering a reasonable provision which results in the young person not attending school and being more likely to spend their time in the community and online
* **School attendance and absence -** Information about school attendance, absences, penalty notices and legal action to enforce school attendance - <https://www.essex.gov.uk/schools-and-learning/schools/school-attendance-and-absence>
* Alternative education provisions to be considered like CTP who could work with you alongside a child’s education dependant on their timetable. You would be able to access a City & Guilds Certificate in a trade ([Construction Training in Witham and Harlow - CTP Training Academy](https://www.ctptrainingacademy.co.uk/courses/))
* Alternative education provisions to be considered like Essex Youth Build which is for 14 to 19-year-olds - <https://www.essexyouthbuild.co.uk/home> or Plan B for 16 and 24-year-olds - [Plan B Traineeship (essex.gov.uk)](https://youth.essex.gov.uk/young-people/plan-b-traineeship/)
* [The Duke of Edinburgh's Award (essex.gov.uk)](https://youth.essex.gov.uk/young-people/the-duke-of-edinburghs-award/)
* DB Builders – Colchester
* New Approach – Colchester Institute
* SEND Local Offer - [Essex County Council: Special Educational Needs and Disabilities (SEND) | Essex Local Offer](https://send.essex.gov.uk/)
* POWER practitioners offer direct support to children and young people aged 8-13 and their parents or carers to help them develop ways of coping with challenging situations at home, at school and in their local communities. POWER also seeks to support schools to develop effective methods to enable children and young people to be successful in school. To refer [The Power Project | Child First Trust](https://childfirsttrust.com/programmes/the-power-project/)
* **Red Balloon Air and Figure of 8**
* **Stepladder Plus** - A tailor made web programme for Looked After Young People to practice decision-making about money and discover the future financial options! The programme is open to all 15 -17-year-olds who’ve been in care for 12 consecutive months or more
* **SEND Information, Advice and Support Service (SENDIASS)** - A confidential and impartial information, advice and support service on issues related to special educational needs and disability (SEND). They can help with issues related to education, health and social care (<http://www.essexsendiass.co.uk>). Contact send.iass@essex.gov.uk
* **Educational Psychology Parent helpline:** Parents can speak to an Educational Psychologist about concerns related to their child’s education or development. Available Monday & Wednesday 1pm-5pm (during term time) - 01245 433293
* **Find an Apprenticeship -** [Find an apprenticeship (findapprenticeship.service.gov.uk)](https://www.findapprenticeship.service.gov.uk/apprenticeshipsearch), <http://www.apprenticeships.gov.uk/>, <http://www.aclessex.com/apprentices>, <http://www.ratemyapprenticeship.co.uk/>, <http://www.amazingapprenticeships.com/>, <http://www.talentview.org/>, <http://www.essexopportunities.co.uk/apprenticeship-hub> & <https://youth.essex.gov.uk/young-people/education-employment-and-training-support/>
* **Princes Trust –** Offers courses to support young people into careers in health and social care, computing, horse riding and starting their own businesses. [April 1 Central East Essex Newsletter (canva.com)](https://www.canva.com/design/DAFcsqXyX-g/vQMZvabnH9ZE_HuC0qjLqw/view?utm_content=DAFcsqXyX-g&utm_campaign=designshare&utm_medium=link&utm_source=homepage_design_menu#10) / email: ServiceDeliveryEastofEngland@princes-trust.org.uk
* Amber is a training/housing provision that supports young people aged from 16-30 [https://amberweb.org/](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Famberweb.org%2F&data=05%7C01%7C%7C667538d94aee4cd7078b08db47fb8553%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638182917809182035%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=5xow2LPTa1t9Npvn4%2FqUAlxNuDMgDsczwZWa4d2dKKc%3D&reserved=0)
* **Creative Sport & Leisure** have developed a strategy to train the next generation of Professional and Technical employees that will drive economic development across the Sport & Physical Activity, Teaching & Learning and Leadership & Management sectors- [Creative Sport & Leisure specialises in Apprenticeships, Traineeships and work based learning (creativesportandleisure.co.uk)](https://creativesportandleisure.co.uk/)
* **Education services poster**
* If anyone is working with a young person in need of IT, it’s worth contacting this Basildon based organisation who recondition donated equipment to reduce ‘Digital Poverty’, see their website for more details:  [Every Child Online](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Feverychildonline.co.uk%2F&data=05%7C01%7CDaniel.Lassey2%40essex.gov.uk%7C68aabf5bafff43cdae9608dbdac59157%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638344314305298172%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=ydq0uc3BXr0q%2F3o1LgPeFjhwOSYq6K2WUGWo2scTeWs%3D&reserved=0).
* The Keep in Contact team can be contacted who support college aged children to access education training and employment - KeepInContactTeam@essex.gov.uk

**Toxic Masculinity**

* Materials on social media influencers and how to negate the negative influence that they can have on young people that might be useful - [andrew-tate-factsheet-risk-avert-june-2023.pdf (escb.co.uk)](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.escb.co.uk%2Fmedia%2F2976%2Fandrew-tate-factsheet-risk-avert-june-2023.pdf&data=05%7C01%7C%7C16790eef997f4ef3d60708db7651e1c3%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638233866271094952%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=KJi3j2M4JfkXUceeg16yiFB7it8SO1nQD0INXuG6NnM%3D&reserved=0)
* A podcast for professionals working with young people who are negatively impacted by social media influencers- [TTE - Social Media Influencers CPD - 20th Feb 2023 - YouTube](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DjVje7Uqp7EA&data=05%7C01%7C%7C16790eef997f4ef3d60708db7651e1c3%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638233866271094952%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=awZx6E%2BSW5nK4RT3bQPS13F2UI%2BNoY8HHMRLn5uKNjo%3D&reserved=0)

**Additional needs**

* The Autism Central website.  [Click here](https://eur02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.autismcentral.org.uk%2Fhubs%2Fessex-county-council&data=05%7C02%7CDaniel.Lassey2%40essex.gov.uk%7Cc2ffcb83feb645efa90a08dc1686f2bb%7Ca8b4324f155c4215a0f17ed8cc9a992f%7C0%7C0%7C638410016088526476%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=a9ueXv%2FKujs1iI01C9wKIedPtSn7XCIdGdPIuvdkOcU%3D&reserved=0) to find a broad range of information and guidance related to many topics.
* Online sessions - drop-ins and themed sessions.  The group sessions run weekly on Teams and can be booked directly from the website.

**Police orders**

[Child exploitation disruption toolkit (publishing.service.gov.uk)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1101687/Child_Exploitation_Disruption_Toolkit_082022.pdf)

Child abduction warning notices (CAWNs)

Legislation • There are no statutory or legislative provisions dealing specifically with the issue of warning notices.

When and how can it be used? Before enough evidence has been gathered to suggest an offence has been committed, police officers can consider issuing warning notices to potential offenders where grooming or exploitation is suspected.

• A CAWN states that the suspect has no permission to associate with the child. If they continue to do so they may be arrested for an abduction offence under the Child Abduction Act 1984 and Children Act 1989.

• Warning notices can be issued by police officers in accordance with individual force policies and do not require court orders.

• CAWNs can be issued by the police to disrupt contact between any potential abductor over the criminal age of responsibility and a child or young person where the child is aged under 16 years, or under 18 years if they are under local authority care.

• It is an offence for a person not connected to the child to take or to keep the child away ‘without legal authority’. In such cases, the police may remove the child to a place of safety and issue a formal warning to the perpetrator. CAWNs are issued to suspects and associates who are believed to have placed the child at risk of offences being committed against them.

• Although these cases do not require a complaint from the child, it does require a person with parental responsibility to provide a statement regarding their concerns about the association.

• If a CAWN (or any other order) is being issued in the police station, consider issuing it in an appropriate way as to be recorded, such as using body worn video or CCTV. This avoids any ambiguity in the future about what was said and lessens the possibility of a perpetrator denying receiving the warning notice.

• Ensure that any CAWN that is served on an individual is recorded on force intelligence systems and the Police National Computer/ Police National Database with the location of that notice. This means it can be used in evidence if the suspect is arrested.

• Non-compliance with a CAWN is not a criminal offence. However, CAWNs provide evidence to support a prosecution under the Child Abduction Act 1984 and Children Act 1989 and to support applications for sexual risk orders, civil injunctions, or evictions.

• CAWNs must not be used as a substitute for prosecuting criminal behaviour.

Disruptive impact • CAWNs are a useful tool in terms of immediately breaking contact between the child and the individual(s) grooming or exploiting them. They are also useful for ensuring that the suspected perpetrator(s) cannot claim ignorance of the age of the child. This can be useful in subsequent charges or prosecutions.

Public Spaces Protection Orders (PSPOs)

Legislation

• Section 59 and 60 Anti-social Behaviour, Crime and Policing Act 2014

When and how can it be used?

• Local authorities can issue PSPOs where they are satisfied on reasonable grounds that:

• activities carried out in a public space within the authority’s area have had, or it is likely that the activities will have, a detrimental effect on the quality of life of those in the locality, and

• the effect, or likely effect of those activities is, or is likely to be, of a persistent or continuing nature and to make these activities unreasonable and justifies the restrictions imposed by PSPO.

• They can be enforced in areas such as parks and town or city centre locations.

• PSPOs can be in place for up to three years, with an option to consider an extension if necessary.

Disruptive impact:

• The order prevents continuing unreasonable behaviour (such as congregation by groups causing anti-social behaviour and consuming alcohol) from occurring in a particular area. It can require things to be done by individuals carrying out a specific activity in that area.

• Breach of a PSPO is a criminal offence which can result in a fixed penalty notice or fine upon prosecution by the local authority.

Osman/threat to life warnings

The term Osman warning is named after a 1998 legal case of Osman vs United Kingdom which was heard by the European Court of Human Rights. However the term in some areas is now known as a threat to life warning.

It is a warning of a death threat or risk of murder, issued by the British police or authorities to the prospective victim. They are used when there is intelligence of the threat, but there is not enough evidence to justify the police arresting the potential murderer.

Osman/threat to life warnings are issued if police have intelligence of a real and immediate threat to the life of an individual. Police officers will visit you at home to inform you of the potential danger. They advise you to change your schedule, be on the lookout for suspicious activity and sometimes even suggest temporarily moving home. However, they do make clear that the notice does not permit retaliatory action and you are still bound by the law.

Threat to life warnings’ are a police response to the human rights court’s requirement that the state sometimes has to be proactive in protecting people from threats.

STRO - Slavery and Trafficking Risk Order. These are implemented to restrict the activities of an unconvicted person where there is a risk that they will commit a trafficking offence and prohibits the defendant from doing anything described in the order. <https://www.legislation.gov.uk/ukpga/2015/30/part/2/crossheading/slavery-and-trafficking-risk-orders/enacted>

AMBIT

Online Manual – [AMBIT — Core shared content for a manual of developing practice Teams, get your own version, start with this content, add, attune, improve it, & share learning. (annafreud.org)](https://manuals.annafreud.org/ambit/index.html#WhichInterventionWhen:WhichInterventionWhen)

<https://manuals.annafreud.org/ambit/index.html>