

Risk in the Community Chat - (RIC Chat)

Information for young people

What is a Risk in the Community (RIC) Chat?

A RIC Chat is a chance for you to have a chat.

- ✓ With someone independent
- ✓ About how things are
- ✓ What happens for you when you go out or when you spend time with friends
- ✓ Places that you might feel safe or unsafe to be, and why that is.
- ✓ Space to think about how things can be better for you.

We can meet wherever you are comfortable, or we can come to your home. You don't have to have a chat if you don't want one, but we want to hear your story.



Why should I have a Risk in the Community chat?

We talk to lots of young people who may have worries when they are out or may be hurt when they are out, and others who may be asked to do things they do not want to do.

We can imagine it can be difficult at times (at home and outside with friends) and that sometimes it can feel like people make choices for you, in both places, that you do not always like or want to do.

We want to offer a space to think about how that influences the choices you have and can make. Whatever is happening for you, together we can think about the best way to change things.

We won't judge you or tell you what to do.



Who will I speak to?

Risk in the Community Practitioners are from the Involvement Team and are independent from your social care team.

Will the chat be confidential?

Difficult question.

When we talk about what happens for you outside home like who you're with, who you trust, who you worry about, you might share things about you or your friends that may suggest someone might get hurt or someone might do things that might hurt others.

If we are worried, we may need to share some of the information with your Social Worker to make sure you are safe. Decisions we make are openly shared, and you will always be told if something you share will be shared with someone else and why.

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