

# Children Affected by Parental Imprisonment Essex CAPI Service

**In every community there are families affected by having  
a parent in prison or in the criminal justice system**

**If this is your family you can talk to a CAPI staff member about:**

- Cost and practical problems of visiting a loved one in prison
- Family relationships and stress
- Telling and preparing children for prison visits
- Children's upset and behaviour
- Isolation / support to access services
- Support for families within the Military Correction Training Centre



**Contact the Essex CAPI service on:  
01268 558448 or 07947 219802  
[essex.capi@barnardos.org.uk](mailto:essex.capi@barnardos.org.uk)**

**Believe in  
children**  
 **Barnardo's**  
South East and Anglia Services