




SYNERGY

Essex Partnership of Rape Crisis Centres

 0300 003 7777  synergyessex.org.uk  support@synergyessex.org.uk

Synergy Essex is the partnership of Essex Rape Crisis Centres and provides support and information to anyone who has been sexually abused or raped, or who has been affected by sexual violence at any time in their lives.

You can call us on **0300 003 7777** and speak to a First Contact Navigator to find out more about our services or you can contact our centres directly.

Services offered across Essex include:

- One-to-one sexual violence counselling and emotional support for adults and children, supporters and carers
- Independent Sexual Violence Advisers and specialist advocacy
- Training and consultancy

THE ESSEX PARTNER AGENCIES



01702 303232



01206 769795



01375 380609