



New services aimed at breaking the cycle of domestic abuse are now available. They will help people to reflect on their behaviour and the damage this can cause and what they can do to change.

These include:

- A **single point of access**, a dedicated resource to respond to enquiries and signpost people needing help with their behaviour onto the appropriate intervention. Delivered by the Change Project.
- A **mentoring programme** to work with young men aged 13-18 who are at risk currently using abusive behaviours within an abusive relationship. Delivered by Essex Youth Service.
- An **outreach service**, to focus on engaging with people who are using abusive behaviours in their relationship, within the community. Delivered by the Change Project.
- A **prison intervention programme**: an educational behaviour change programme to challenge and underpin the attitudes of abusive behaviours for people who are in custody. Delivered by Essex Community Rehabilitation Company.
- The **bystander intervention**: an educational programme for the prevention of sexual coercion and domestic abuse in university settings.
- **Enhanced support services for victims.**

A support line has been set up so that anyone concerned about their behaviour or wanting to find help for someone else can get advice or be referred to the service that meets their need. The dedicated telephone number for the pathway is 07568432146 and the service is currently available between Monday-Friday from 9am to 5pm.