

Working with perpetrators

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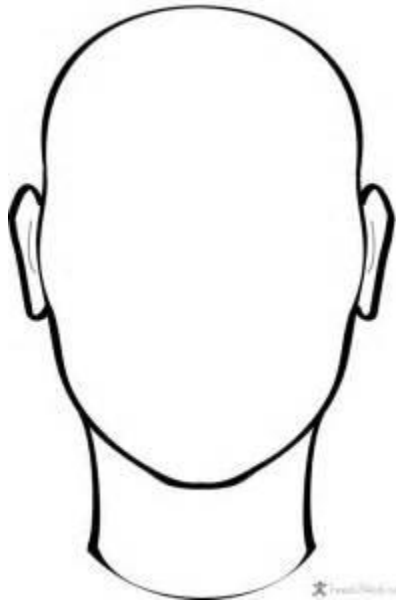
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Workshop contents

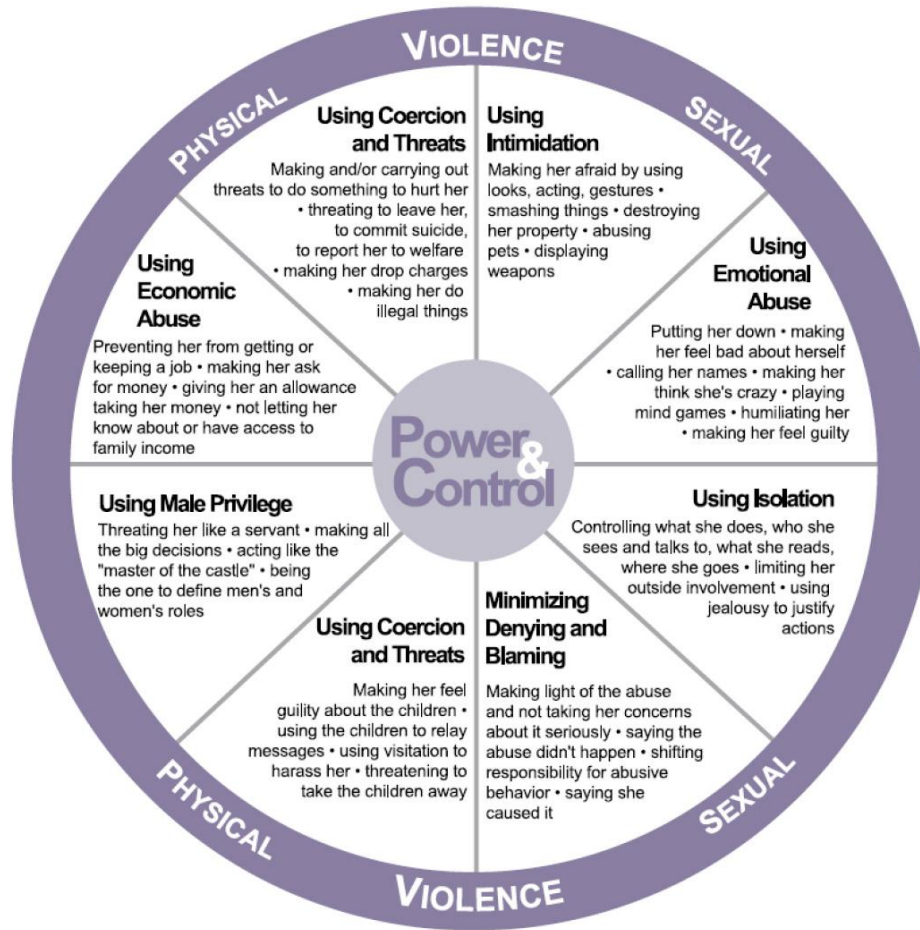
- Identification
- Overcoming barriers – our own
- Overcoming barriers – in the individual
- Breaking down behaviour
- Case study
- Managing risks and change
- Specialist services

The expertise and experience of all participants is valued.

What does a perpetrator look like?



Power & control



Perpetrator risk factors

- Alcohol abuse 54%
- Criminal record 50%
- Financial problems 45%
- Drug abuse 39%
- Threats of suicide 35%
- Mental health issues 28%
- DA related criminal record 26%

Safety in Numbers, 2009

Overcoming barriers

What do you find difficult about working with domestic abuse perpetrators?

Overcoming barriers

Why don't perpetrators just change?

Overcoming barriers

Motivational interviewing

- **C**ontracting
- **E**xpress empathy
- **D**evelop discrepancy
- **A**void argument
- **S**upport self-responsibility

Overcoming barriers

Abusive behaviour

- Minimisation
- Denial
- Blame

Changed behaviour

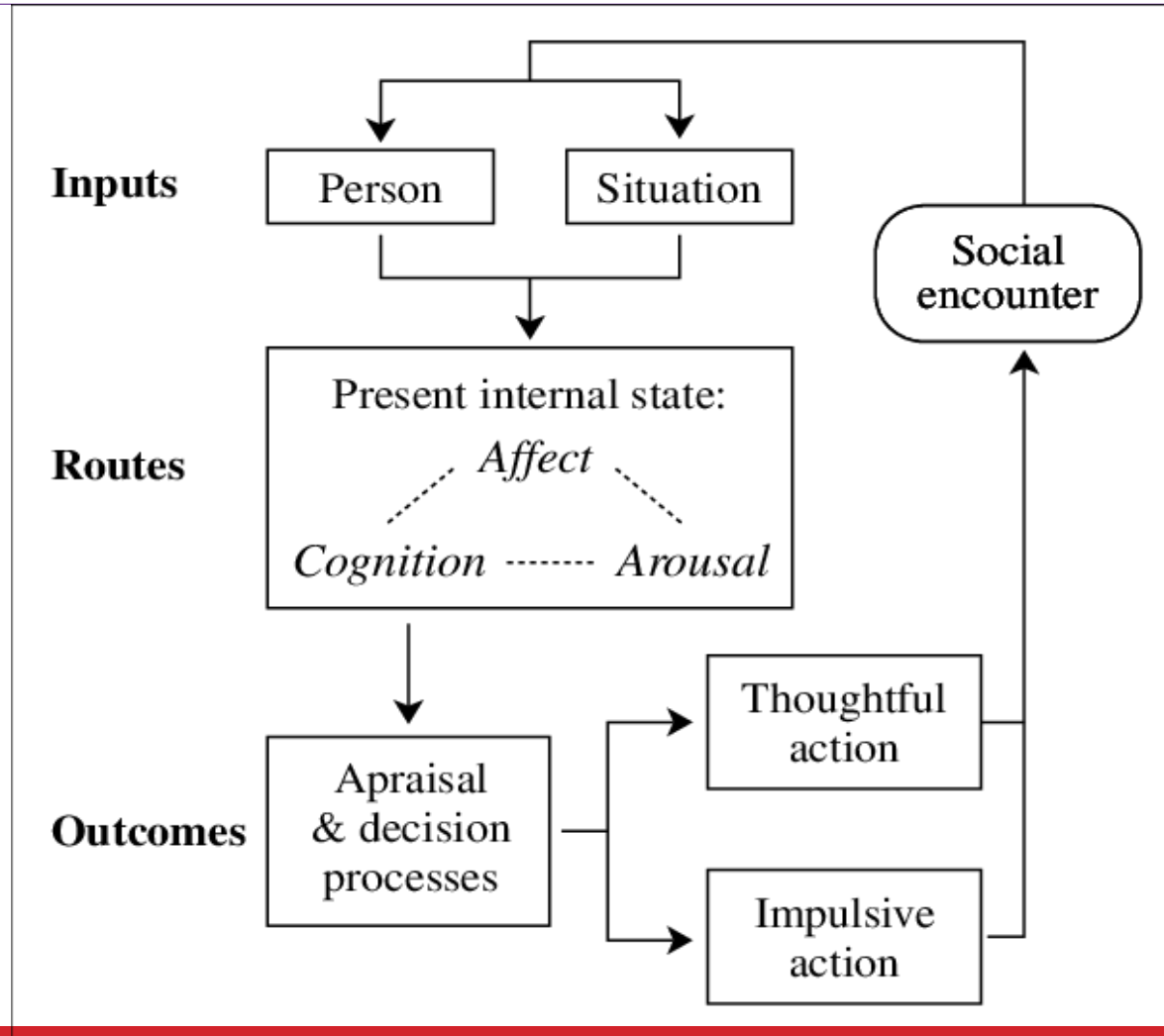
- Acceptance
- Accountability
- Responsibility

Shame



Breaking down behaviour

General aggression model



Case study

- What are the risk factors?
- What can be put in place to keep people safe and change behaviour?

Risk Factors

- Childhood trauma
- Substance and alcohol misuse
- Failure to adhere to restrictions
- History of violence against family
- Previous Domestic Abuse
- Previous offending
- Strangulation
- Children present during assaults
- Weapons

Risk management and change

- What can you offer to manage the risks and change behaviour?

Specialist services

- The Change Project www.thechange-project.org
- The Drive Project <http://driveproject.org.uk>
- Probation Services
 - National Probation Service
 - Essex Community Rehabilitation Company
www.essexcrc.co.uk
 - Building Better Relationships Programme
 - Tools to Help Professionals when Working with Domestic Abuse Perpetrators