

**STOPCSE**



**“If you really loved me, you would show me!  
it's the least you can do!”  
- “I have done all this for you -**

**This isn't your fault, it's abuse!  
and really scary to talk about.  
It can be really hard to know what this is  
sometimes receiving something in return.  
someone is taken advantage of by being  
made or tricked into doing something sexual,  
Child Sexual Exploitation (CSE) is when**

This information leaflet  
was produced by

## What might be received in return?

## What is Child Sexual Exploitation?

## Worried about yourself or someone you know?

## Support numbers

It is okay to talk to someone.  
Exploitation is **never** your fault.  
It is not okay for someone to expect you or your friends to  
do things that you don't want to.

**If things don't feel right then speak to someone about it.**

**Call 999 if there is an immediate danger.**

**Or call the Police on 101 if it is not an emergency.**

Tell a safe adult such as a teacher, youth worker,  
social worker or parent.

**Contact #Say Something a free, 24hrs,  
anonymous phone and SMS helpline on 116 000**

You can report or seek advice for a friend.

**Childline: 0800 1111 or [www.childline.org.uk](http://www.childline.org.uk)**

**Essex Partnership of Rape Crisis Centres:**

Specialist support and confidential counselling for adults,  
children and young people across Essex, who have  
experienced sexual violence. Victims can refer online:

**[synergysessex.org.uk](http://synergysessex.org.uk) or 0300 003 7777**

**British Transport Police: 0800 405 040 or text 61016**

**Missing people: Call or text 116 000**

**NSPCC:**

Call our 24hrs helpline anonymously: **0808 800 5000**

**The Children's Society: 01245 493311**

**[www.childrenssocietyeast.org.uk](http://www.childrenssocietyeast.org.uk)**

**Barnardos: [www.barnardos.org.uk](http://www.barnardos.org.uk)**



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## What does 'made' or 'tricked' really mean?

This can mean someone has an **expectation that you will perform sexual acts because they have given you something or made you think they love you.**

**They may force**

or

**threaten you**

or

try to **make you believe they don't expect anything in return**

or

**that something bad is going to happen.**

## Asked to carry out a criminal act?

## What is missing?

**Missing** is when a parent or carer do not know your whereabouts, even for a **short amount of time.**

There are many reasons why someone can go missing or not want to go back home or to their placement,

**but there is always**

**someone who can help.**

## What is trafficking?

## What things should I look out for and talk to someone about if I notice?

[WWW.STOP-CSE.ORG](http://WWW.STOP-CSE.ORG)

**Trafficking is when someone is moved or kept somewhere for the purpose of exploiting them.**

**This can be house to house, street to street or even further.**

You may notice these things about your friend or your friend might tell you some of these things:

- Staying out late or not going back home at night
- Using drugs and/or alcohol
- Not spending time with friends and family
- Hanging out with older people
- Spending a lot of time online
- Being secretive
- Having an older boyfriend or girlfriend
- A big change in behaviour or the way someone looks
- Going missing

